### Terry Fox Walk-Sept. 23rd

We are gearing up for our annual Terry Fox walk at St. Carthagh's. This year families were given the option to purchase shirts online through School Cash Online. We will not be asking students to go door to door to get pledges, but we do have a school link for optional fundraising donations, see link below.

On Friday September 23rd we will spend time in the afternoon walking the yard as a school community. We will remember people we love who are or who have battled cancer. Each classroom will be doing learning in different ways but coming together as one group to walk. Students are encouraged to wear comfortable clothing and shoes that day as well as bring a reusable water bottle.

https://schools.terryfox.ca/9429

### Your Terry Fox Team



# I'M NOT A QVITTER.

"NOBODY IS EVER GOING TO CALL ME A QUITTER." - TERRY FOX



# **School Council Meeting**

The first School Council meeting of the year will take place on September 28<sup>th</sup> at 6:30 p.m.

We will outline goals and fundraising for this school year. Elections for Chair, Treasurer and Secretary will take place.

Please feel free to come and participate.



#### **Open House**

Please join us for our annual Open House on September 29<sup>th</sup> from 6:00-7:00 p.m. Families are welcome to visit your child's classroom and tour the school.

If you are able, a donation to our Food for Learning program would be appreciated when you attend our Open House (please see information below).



# Food for Learning

The Food for Learning program at our school needs your help. Every day, students participate in our food program (food bins are distributed to each class daily for all students use). We are asking all families in our school community to come together to assist with the cost of operating such a necessary and important program. Every little bit helps so please consider making a financial donation (School Cash Online) or contributing groceries (see list below). All our students deserve healthy food to ensure that they are prepared to learn every day. Your support is greatly appreciated.



Help fill our pantry & win a gift card. Each family that donates to our food program will have their name go into a draw for 2-\$25.00 gift cards. <u>All food items must be peanut free.</u>

# We would be grateful for the following food items:

- -Dole Fruit Cups-Fruit Salad or Diced Peaches (no sugar added)
- -Quaker Oats Chewy Bars (no chocolate chip)
- -Cheerios (yellow box or multigrain)
- -Raison Bran
- -Whole wheat crackers

-Motts Fruitsations-unsweetened applesauce -Black Diamond/No Name cheese strings (marble) -Yoplait or Danone yogurt tubes -Shreddies